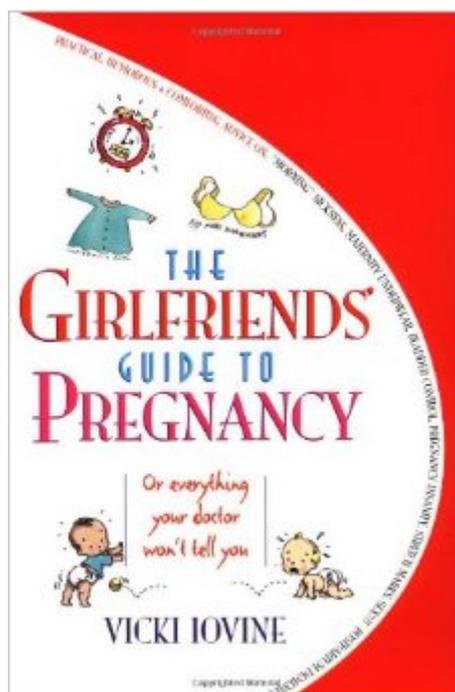


The book was found

# The Girlfriends' Guide To Pregnancy: Or Everything Your Doctor Won't Tell You



## Synopsis

A delivery room veteran gives you the low-down as only the best friend can. From the top ten lies ("Maternity clothes are so much cuter now"), to the long-awaited birth, here are practical tips and hilarious takes on everything pregnant.

## Book Information

Paperback: 262 pages

Publisher: Pocket; Edition Unstated edition (October 1, 1995)

Language: English

ISBN-10: 0671524313

ISBN-13: 978-0671524319

Product Dimensions: 6.2 x 0.7 x 9.1 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 3.8 out of 5 stars [See all reviews](#) (965 customer reviews)

Best Sellers Rank: #67,270 in Books (See Top 100 in Books) #32 in [Books > Humor & Entertainment > Humor > Doctors & Medicine](#) #133 in [Books > Humor & Entertainment > Humor > Parenting & Families](#) #183 in [Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth](#)

## Customer Reviews

I really hated this book. Because I did spend money on it, I did read it all the way through, although very grudgingly. I have a FANTASTIC sense of humor and hardly anything offends me, but this woman managed to do it. Her whiny, self-important, condescending attitude actually made me hurl the book at a wall...and that wasn't just pregnancy hormones. It was THAT bad. Ms. Lovine, a former Playboy playmate, would like you to believe that she is on YOUR side - she and her bevy of what I'm convinced are imaginary girlfriends. However, she goes on about what an evil thing pregnancy is and that it will rob you of your body and good looks...FOREVER. She clearly states numerous times that after having a baby you will be fat, overweight, unattractive, and have saggy breasts. This was one of the first books I bought after finding out I was pregnant and didn't know what to expect. I literally cried after reading it thinking my life was over. I was surprised Ms. Lovine doesn't have a Smith & Wesson ad in the back of her book. The "you might as well die" tone just unsettled me. She is obviously unhappy with herself and her life and is looking to bring others down with her. She's like the girl who claims to be your "friend" but gives you backhanded comments every chance she gets (eg. "Oh, wow...those pants really make your butt not look as huge as it really is!"). In reality, I think

SHE was probably too lazy to exercise after pregnancy and expects you to throw in the towel, too, and be just as miserable as she is. For anyone else depressed after reading this, I had my baby and lost all the weight and now have six-pack abs and my breasts don't sag even after six months of breastfeeding. My husband DOES still find me attractive and my life didn't end.

[Download to continue reading...](#)

The Girlfriends' Guide to Pregnancy: Or everything your doctor won't tell you What Your Doctor May Not Tell You About(TM) Hip and Knee Replacement Surgery: Everything You Need to Know to Make the Right Decisions (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM): Premenopause: Balance Your Hormones and Your Life from Thirty to Fifty (What Your Doctor May Not Tell You About...(Ebooks)) What Your Doctor May Not Tell You About(TM) IBS: Eliminate Your Symptoms and Live a Pain-free, Drug-free Life (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM): Hypertension: The Revolutionary Nutrition and Lifestyle Program to Help Fight High Blood Pressure (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program for Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM): Menopause: The Breakthrough Book on Natural Progesterone (What Your Doctor May Not Tell You About...) Everything You Need to Know to Have a Healthy Twin Pregnancy: From Pregnancy Through Labor and Delivery . . . A Doctor's Step-by-Step Guide for Parents for Twins, Triplets, Quads, and More! What Your Doctor Won't Tell You About Getting Older: An Insider's Survival Manual for Outsmarting the Health-Care System Christian Chick's Guide to Surviving Divorce: What Your Girlfriends Would Tell You If They Knew What To Say Pregnancy: For The First Time Moms, What They Don't Tell You (Pregnancy Today Book 1) Pregnancy:The BEST Pregnancy Handbook For First Time Moms And Dads: Pregnancy, Motherhood, Childbirth, Pregnant, Healthy Kids, Healthy Children,parenting,toddlers ... diet,Breastfeeding, Newborn, Infant Care) Can I tell you about Epilepsy?: A guide for friends, family and professionals (Can I tell you about...?) Surviving "Terminal" Cancer: Clinical Trials, Drug Cocktails, and Other Treatments Your Oncologist Won't Tell You About Ten Things Doctors Won't Tell You About Your CPAP Machine 1001 Commonly Misspelled Words: What Your Spell Checker Won't Tell You What Your Doctor May Not Tell You About(TM): Breast Cancer: How Hormone Balance Can Help Save Your Life Healing Hepatitis C: A Patient and a Doctor on the Epidemic's Front Lines Tell You How to Recognize When You Are at Risk, Understand Hepatitis C Tests, ... C, and Advocate for Yourself and Others We Won't Pay! We Won't Pay! And Other Works: The Collected Plays of Dario Fo, Volume One (Collected Plays of

Dario Fo (Paperback) We Won't Pay! We Won't Pay! And Other Plays: The Collected Plays of  
Dario Fo, Volume 1

[Dmca](#)